

Look to this Day

Look to this day:
For it is your life,
the very life of life.

In its brief course lie all the verities and
realities of your existence.
The bliss of growth,
the glory of action,
the splendour of achievement
are but experiences of time.

For yesterday is but a dream,
and tomorrow is only a vision,
but today well lived makes
every yesterday a dream of happiness
and every tomorrow a vision of hope.
Look well therefore to this day.
With love.

Kalidasa

4th Century CE

Regarded as the greatest poet in Salinnskrit